

Jesse Favre, MSW, MBA

Leadership, Workplace Well-being, & Team Performance

Jesse Favre (she/her) is a leadership trainer and public speaker on a mission to advance well-being and performance in the workplace. With over 1,000 seminars and workshops delivered, she skillfully dissects human behavior at work, identifying immediately useful leadership strategies for promoting sustainable success.

Jesse holds a dual Master of Social Work (MSW)/Master of Business Administration (MBA) from Washington University in St. Louis and certification in Mental Health First Aid.

In 2024, she was invited to join the international Employee Assistance Professionals Association (EAPA) Speakers Bureau.

Jesse also serves as a subject matter expert on workplace mental health in national media, including a recent appearance on *Lifestyle with Roy Ice*, the #1 life coaching talk show.

Before founding her company, Jesse spent more than a decade in the healthcare industry, including roles in hospital leadership and consulting.

To learn more about her work, visit jessefavre.com.

